



Oakwood become Waste Warriors!

Key Dates

Thursday 25th Jan
7.00 - 8.00 pm
Mathematics Curriculum
Information Evening

Tuesday 30th Jan
9.15 - 10.00 am
Year R Shared Learning
ADULTS ONLY

Wednesday 31st Jan
9.15 - 10.00 am
Year 1 Shared Learning
ADULTS ONLY

Thursday 1st Feb
9.15 - 10.00 am
Year 2 Shared Learning
ADULTS ONLY

Monday 5th Feb
2.00 - 5.30 pm
Parent Consultations
Chestnut, Hazel, Beech

Tuesday 6th Feb
2.00 - 5.30 pm
Parent Consultations
Birch, Pine, Elm

Wednesday 7th Feb
2.00 - 5.30 pm
Parent Consultations
Cherry, Ash, Willow

Thursday 8th Feb
3.30 - 6.30 pm
Parent Consultations
All Classes

Our New Year has started and our School Council is not resting on its laurels. Last week we all met to discuss most people's top resolution to be more healthy. We talked about what that actually meant and learned about what makes up a healthy meal. This led to a huge debate about the waste that we have after our lunches and why that might be. Check out some of our solutions.

All on board!

To make a difference everyone needs to be committed to change. Luckily we have our amazing kitchen team and super supervisors! Everyone needs encouragement to eat up sometimes and luckily our lunch team [and I!] are on hand to make this happen - "Come on, you can do it - great eating - wow! You are going to be so healthy!"

Positive Mental Attitude

Did you know that if you think you don't like something then you probably won't. In our meeting we talked about how we can change our attitude to food we think that we don't like and how it sometimes takes at least 10 attempts of a new food to like the taste or texture. Using positive talk is also important so try to avoid saying "don't you like that?" or "I know you hate broccoli!", instead talk positively about different tastes, textures and how good healthy food is for your body and brain. In other words ...

Big Up the Broccoli!

Lunchtime Leaders

Everyone needs a friend to keep you going ... This week in our School Council meeting the children talked about how they could help each other and came up with the brilliant idea of Lunchtime Leaders. The Lunchtime Leaders are the children who find themselves sitting at the heads of the table and their role is to encourage the people on their table to eat their food and will even wait to encourage anyone who needs a bit of help and time. The children were unanimous in agreeing that they would give their time to this role as they believe eating well and not leaving waste is so important - our new mantra? If it's on your plate, it's not waste!

Did you Know?

In the UK, we throw away 7 million tonnes of food and drink from our homes every year, the majority of which could have been eaten. Check out this video to motivate you to cut your own food waste at home which could have been eaten.

<https://www.food.gov.uk/news-updates/campaigns/food-waste>



Potato Problem!

When the children told Cat, our cook, that they found the roast potatoes hard to cut up she immediately suggested cutting them into small chunks before cooking - problem solved! Potatoes not always pushing your buttons - then let's vary the menu with a pasta option - thanks Cat!

How can you help?

- ◇ Always be positive about eating healthy food.
- ◇ Congratulate your child on trying new things and don't give up.
- ◇ Don't over question you child about food - it will lead to anxiety.
- ◇ Talk to us if you think your child has difficulties with food or diet - we can help.
- ◇ Visit <https://www.nhs.uk/change4life> for more top tips.



News from the Green Team RSPB Big Garden Birdwatch

This half term our Green Team have been meeting with Mrs Cook and have started their Green crusade by looking at the importance of wildlife and are keen to take part in the Big Garden Birdwatch. They would love to get the whole school involved in birdwatching next weekend so get a cuppa and a clipboard ready!



Big Garden Birdwatch on 27, 28 or 29 January 2018.

Choose a time of day that's convenient for you. You'll probably see more birds if you do it early in the morning, but any time of day you can do it is useful. The event takes place over three days: Saturday, Sunday and Monday. Make yourself comfortable and watch the birds for one hour. Record the highest number of each bird species that you see at any one time. Then answer the other questions about other wildlife species that visit your garden during the year. Don't worry if you don't see anything over the hour, as it's still really useful information for the RSPB.

The RSPB would then like you to submit your results online but please also bring your results sheet to school so the Green Team can collate and find out exactly which birds live in and around the local area! We've sent home a data collection sheet today—so check out your child's red bag. For more information see the attachment sent home with this week's newsletter and get counting!

Coming Soon! The Plastic Problem ...

Our Green Team will shortly be taking on the problem of too much plastic and will be starting by looking at the amount of plastic that we generate at school and at home - get your child off to an early start by thinking about how much plastic they have at home, how much gets used more than once and how much gets thrown away? What are the solutions to the plastic epidemic and how can we help?



Milk Monitoring

Every day the children's milk is delivered in individual plastic bottles with a plastic label, a plastic seal and a plastic lid. The bottles are wrapped in plastic for delivery. The children drink their milk with a plastic straw. If most children have milk everyday and there are 256 children then how much plastic do we throw away each week? Worried? We are, but luckily the Green Team will be taking on this problem and trying to find a solution that works!

WATCH THIS SPACE!

Just how do children learn Mathematics these days?

Having trouble working out the Milk Monitoring problem? Wondering what this Bar Model is that your child keeps talking about? Interested to know just how young children learn through play? Then come along to our Mathematics Information Evening on **Thursday 25th January at 7.00pm**. There will be the chance to find out how we help children to learn, the requirements of the Early Years and Primary National Curriculum and how this looks for your child in the classroom. During the evening there will be the chance to attend a Mathematics information workshop for either Year R, Year 1 or Year 2 - if you have a child in more than one year group don't worry we will send home information from all of the workshops next week. There will also be the opportunity to see Mathematics in action during our shared learning events. **PLEASE remember that these are NOT suitable for babies or young children as you will be taking part in a school lesson with your child and we can only accommodate 1 adult per child. Instead I have organised an opportunity to drop in after school to talk to your child about their mathematics so that no one feels left out. Please make sure that you complete the form that will be sent home on Monday so that we know who is coming!**

Wear your Uniform with PRIDE!

Our uniform shows that we belong to Oakwood. Please make sure that you keep to our school uniform recommendations that were given to all parents on starting school and can be found on our school website. This includes appropriate hair accessories matched to the school colours, no jewellery or watches and robust school shoes. Remember that our Oakwood uniform can easily be purchased online through Brigade at <http://www.brigade.uk.com/>.

PE Kit reminder...

Please can we remind parents to send their child's PE Kit every day - PE times can change in a week so don't be unprepared! Please remember this also needs to be our Oakwood PE uniform.



Change of Date...

**Key Stage I
Assessment Information
Evening**

**From 29th March To 26th April
7.00pm to 8.00pm**

WELCOME ABOARD! I am pleased to welcome two new parents to the Governing Body. Claudia Fivaz and Ali Fanshawe will be joining our team contributing to the strong governance of the school. Andrea Goddard has stepped into the Clerking role following our goodbye to Cathy Roberts.

Attachments/home this week:

| School Information | School Clubs | Community Events | Other |
|--|--------------|--|---------------------------------------|
| Mathematics Information Evening Great British Birdwatch | | Greenfields Burn Night Half Term Tennis | Service Families Sensory Workshops |

And Finally ... catch it, bin it, kill it!

As I sit here with a throat like razor blades and coughing everywhere I think it might be the time to remind us all to keep our germs to ourselves. Please help your child to understand good hygiene, keep those hands washed and cough and splutter into tissues only - something my husband keeps reminding me of...

Wishing you a happy and healthy weekend and week ahead.

Best wishes

Sue Tadman

Headteacher

